



U.S. Immigration and Customs Enforcement (ICE) Detainee Death Report: SHRESTHA, Subash

General Demographic/Background Information

- **Date of Birth:** April 6, 1989
- **Date of Death:** November 13, 2023
- **Age:** 34
- **Gender:** Male
- **Country of Citizenship:** Nepal
- **Marital Status:** N/A
- **Children:** N/A

Immigration History

- On September 2, 2023, the United States Border Patrol arrested Mr. SHRESTHA, near Lukeville, Arizona, upon his illegal entry into the United States.
- On September 9, 2023, Mr. SHRESTHA was transferred to ICE Enforcement and Removal Operations custody at Karnes County ICE Processing Center in Karnes City, Texas (KCIPC).

Criminal History

N/A

Medical History

On September 9, 2023, Mr. SHRESTHA's intake screening was completed by a registered nurse (RN) with no abnormalities or medical issues noted except a slightly elevated blood pressure (BP). Mr. SHRESTHA denied any current or past medical or mental health history, illicit drug use, or hospitalizations. The RN submitted routine physician and dental referrals and cleared him for general population placement.

On September 17, 2023, an RN completed Mr. SHRESTHA's initial physical examination, documented his denial of medical or mental health history, a normal exam, and vital signs, except a mildly elevated BP. Mr. SHRESTHA was returned to general population.

On September 28, 2023, a licensed practical nurse (LPN) evaluated Mr. SHRESTHA for complaints of abdominal and epigastric pain for two to three days. The LPN documented normal exam findings and vital signs, except a slightly elevated BP, issued antacid, as needed, and a stomach acid reducer per a provider's verbal order, and instructed Mr. SHRESTHA on diet restrictions, relief measures, and to return to the clinic as needed.

On September 30, 2023, an LPN evaluated Mr. SHRESTHA for complaints of upper abdominal and chest pain. An electrocardiogram (ECG), which measures electrical activity of the heart, was completed with normal findings. The LPN noted, Mr. SHRESTHA appeared distressed, positive abdominal guarding, skin diaphoretic (sweating) and normal vital signs, except an elevated BP. Mr.



SHRESTHA was provided one dose of an antacid and reported feeling better. The LPN referred Mr. SHRESTHA to mental health per his request and advised him to return to the clinic as needed.

On October 3, 2023, a mental health case worker (MHCW) completed Mr. SHRESTHA's mental health encounter and documented Mr. SHRESTHA's mental status exam (MSE) as normal, denial of any suicidal or homicidal ideations, and refusal to speak to a licensed mental health provider (LMHP). The MHCW instructed Mr. SHRESTHA on symptoms to report, benefits, and accessibility of mental health services, and to follow up as needed.

On October 6, 2023, an LPN evaluated Mr. SHRESTHA for a psychiatric emergency due to his complaint of trouble sleeping. The LPN documented negative exam findings, submitted a routine mental health referral, and instructed Mr. SHRESTHA to return to clinic as needed.

- **On this same date**, an MHCW completed Mr. SHRESTHA's mental health encounter per the LPN's request. The MHCW documented Mr. SHRESTHA was alert and cooperative with appropriate appearance and euthymic mood, and that he denied suicidal or homicidal ideations, but he presented with adjustment problems. The MHCW informed him of a scheduled mental health provider appointment on October 9, 2023.

On October 9, 2023, a licensed clinical social worker (LCSW) evaluated Mr. SHRESTHA for complaints of decreased sleep, stress, and anxiety. The LCSW documented, Mr. SHRESTHA reported exercise has been helpful with improving his sleep, denied suicidal or homicidal ideations, and stated he "doesn't need any further assistance." The LCSW reviewed the benefits of mental health services with him, completed a refusal of health services form, and returned Mr. SHRESTHA to general population.

On October 13, 2023, Mr. SHRESTHA was evaluated by an LPN after being escorted to medical for complaints of abdominal and chest pain. Mr. SHRESTHA reported feeling anxious and stressed. The LPN completed an ECG with normal results, documented normal exam and vital signs, and referred him to physician sick call and a mental health provider.

On October 14, 2023, a physician evaluated Mr. SHRESTHA per the LPN's referral. The physician documented physical exam unremarkable, normal vital signs except slightly elevated BP, and instructed Mr. SHRESTHA to follow up as needed.

On October 19, 2023, an RN evaluated Mr. SHRESTHA for complaint of a headache. The RN documented normal exam findings and vital signs, except a slightly elevated BP; provided ibuprofen; and instructed him to increase his water intake.

On October 21, 2023, an RN evaluated Mr. SHRESTHA during a sick call. Mr. SHRESTHA reported feeling mildly stressed but eating well and exercising to help decrease his stress level and denied suicidal or homicidal ideations. The RN submitted a next day referral for a mental health appointment.

On October 22, 2023, an LPN evaluated Mr. SHRESTHA for complaints of feeling stress and the need to see the psychologist. The LPN reminded Mr. SHRESTHA of his scheduled mental health



appointment on October 24th, informed him of his current order for ibuprofen for his headaches, administered the medication, and returned him to general population.

On October 24, 2023, an LCSW completed Mr. SHRESTHA's initial mental health evaluation. Mr. SHRESTHA reported positive sleeping, exercising, good appetite, and a history of a head injury that occurred four to five months ago in Nepal, which left a scar on his forehead. Mr. SHRESTHA denied history of mental health conditions, suicide attempts, or current suicidal ideations. The LCSW documented normal MSE findings, except stressed mood, noted a referral to a psychiatrist is not necessary, and Mr. SHRESTHA was not at risk for suicide. The LCSW scheduled a follow-up appointment in two weeks and suggested Mr. SHRESTHA attend stress management group.

October 27, 2023, an LPN evaluated Mr. SHRESTHA for complaints of chest pain, a headache for three days, and his request to see a mental health provider. The LPN documented normal vital signs and exam findings and submitted a referral to mental health.

- **On this same date**, an MHCW completed an encounter with Mr. SHRESTHA due to the LPN's request. The MHCW documented Mr. SHRESTHA is neatly dressed, groomed, alert, and calm, and that he denied self-harm, or suicidal or homicidal ideations. The MHCW offered an appointment with the LMHP, but Mr. SHRESTHA stated he would wait for his scheduled appointment. The MHCW advised Mr. SHRESTHA to notify medical/mental health or an officer if he needs to speak to an LMHP sooner and completed a refusal of medical services form.

On October 30, 2023, an MHCW completed Mr. SHRESTHA's evaluation after a detention officer escorted him to the mental health clinic. Mr. SHRESTHA denied suicidal ideations but reported feeling sad, missing his family, and experiencing headaches. The MHCW documented Mr. SHRESTHA appeared tearful, worried, and anxious, and reminded him of his upcoming mental health follow-up appointment scheduled on November 1, 2023.

On October 31, 2023, an MHCW completed Mr. SHRESTHA's evaluation after a case manager escorted him to the mental health clinic. The MHCW documented Mr. SHRESTHA denied suicidal ideations but appeared distressed and poorly groomed with poor hygiene. The MHCW reminded him of his scheduled mental health appointment on November 1, 2023, and instructed him to request medical services if he needed to be seen sooner.

On November 1, 2023, an LCSW completed Mr. SHRESTHA's mental health evaluation and documented a normal MSE, "reads, exercises and practices his faith to help himself regulate," and reports eating and sleeping okay, but sometimes he feels down and cries. The LCSW noted, "today, he neither appears sad or anxious," and that he denied suicidal ideations. The LCSW assessed Mr. SHRESTHA with psychosocial stress, recommended he attend stress management group, encouraged him to continue with coping skills/breathing exercises, provided him instructions on sick call process and to seek immediate help if in crisis, and scheduled a follow-up appointment in 14 days.

On November 2, 2023, Mr. SHRESTHA submitted a sick call request and on November 3, 2023, at 6:30 a.m., an RN triaged and referred the request as urgent to mental health.



- **On this same date**, an MHCW completed Mr. SHRESTHA's evaluation after a facility case manager and detention lieutenant escorted him to the mental health clinic. The MHCW documented Mr. SHRESTHA appeared tearful but calm and denied suicidal ideations, advised him to continue with his coping skills, and reminded him of his scheduled mental health appointment in two weeks.

On November 3, 2023, an LPN completed Mr. SHRESTHA's evaluation for a psychiatric emergency. Mr. SHRESTHA reported experiencing chest pain, headaches, gastritis, panic attacks, crying, and anxiety. He denied suicidal ideations or a history of taking medications for anxiety but requested prescription medication. The LPN documented normal vital signs and MSE, except an anxious mood and tearful affect. The LPN submitted an urgent mental health referral and administered Mr. SHRESTHA's pain medication for his headache.

On November 6, 2023, an advanced practice provider (APP) evaluated Mr. SHRESTHA due to a call for medical assistance related to Mr. SHRESTHA experiencing dizziness. Mr. SHRESTHA reported feeling tired and that he stumbled and fell in his room but denied passing out. The APP documented normal vital signs and blood sugar. Mr. SHRESTHA requested to return to his room. The APP instructed Mr. SHRESTHA to return to the clinic as needed.

On November 9, 2023, an RN evaluated Mr. SHRESTHA for his complaint of left knee pain for two days. Mr. SHRESTHA reported intermittent, dull, left knee pain, a history of experiencing pain when riding a bicycle, relief with sitting and ibuprofen, but requested muscle rub cream. The RN documented a normal exam and vital signs, issued muscle rub extra strength cream and provided patient education.

On November 10, 2023, via tele-med, a psychiatrist completed Mr. SHRESTHA's initial psychiatric evaluation, diagnosed Mr. SHRESTHA with adjustment disorder with anxiety, documented a normal MSE, except anxious mood, a negative suicide risk assessment, no psychiatric follow-up needed, and recommended he continue with supportive therapy and follow up with medical as needed.

On November 13, 2023, at 11:56 a.m., KCIPC medical staff received a call for a medical emergency in cedar 218. Mr. SHRESTHA was found unresponsive. The KCIPC contract staff immediately initiated cardio-pulmonary resuscitation (CPR) and notified emergency medical services (EMS).

- **At approximately 11:58 a.m.**, a responding RN observed Mr. SHRESTHA on the floor, unresponsive, and detention officers were performing CPR. The RN assisted by assuming chest compressions. An LPN arrived with an automatic external defibrillator (AED). The AED was applied, analyzed, advised no shock, and the medical staff detected no pulse and continued CPR.
- **At approximately 12:07 p.m.**, EMS personnel arrived at the scene, assumed care of Mr. SHRESTHA, and continued CPR and life saving measures.
- **At approximately 12:48 p.m.**, EMS personnel contacted their medical director and were informed to cease all life saving measures due to continued unresponsiveness. EMS personnel called the time of death at 12:48 p.m.